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Daily Brain Games 2017 Day-to-Day Calendar





Synopsis

This popular, interactive, daily calendar offers puzzles designed by the brain-health experts at HAPPYneuron to stimulate mental agility. More and more research supports the connection between regular mental stimulation and maintaining brain health. Â That's why the daily brain games featured on each page of this calendar are the perfect way for people of all ages to keep their minds sharp. Created by experts in cognitive development, the puzzles have been specifically designed to help foster the five major brain functions. Â Ranging from easy to difficult, the puzzles present a fun and challenging way to keep your mind active and agile every day.

Book Information

Calendar: 640 pages

Publisher: Andrews McMeel Publishing; 2017 ed. edition (June 14, 2016)

Language: English

ISBN-10: 1449476627

ISBN-13: 978-1449476625

Product Dimensions: 5.5 x 1.8 x 5.5 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

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